

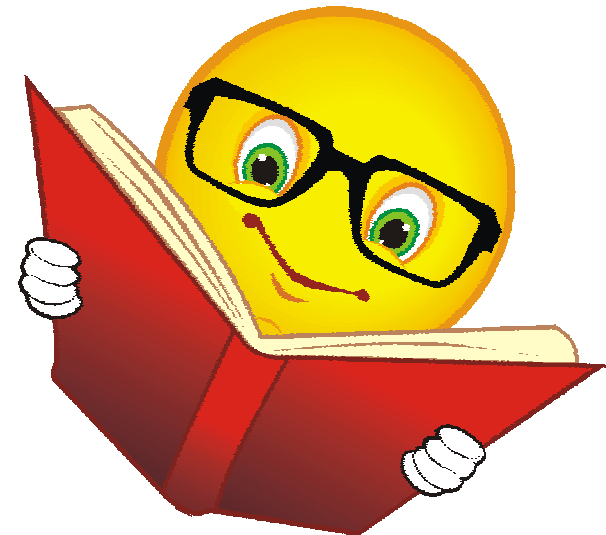
# Using Your Data for More Effective Health and Wellness Programming

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Kendal at Oberlin  
Health and Wellness Clinic



# COLLAGE

- Community Health Assessment (CHA) is completed prior to the residents annual exam
- Chart review is done at this time
- HAP(Healthy Aging Plan) is printed out and reviewed with resident
- Blank hard copy of the Wellness Assessment form is given to the resident to take home and fill out



**At A Glance Healthy Aging Plan**  
**Prepared on 8/19/2009 9:41:55 AM**  
**by Terri Lanham**

My Healthy Aging Plan has indentified the following areas where improvement might be possible. I will work with my health care professionals in the coming year to look for ways to improve those areas that have been marked 'Yes':

| Possible Areas for Improvement | Yes | No | Comments   |
|--------------------------------|-----|----|--|
| Falls and Balance              |     |    | Will refer to P.T for a Balance Master evaluation.<br>Handout on falls prevention. MOB class |

You have not had the following preventative procedures and treatments within the recommended time period

| Preventive Treatments and Procedures | Yes | No | Comments                                       |
|--------------------------------------|-----|----|--|
| Hearing exam in last year            |     |    | Schedule with Audiologist at next Kendal visit |

| Clinical Assessment Protocols (CAPs) | Yes | No | Comments   |
|--------------------------------------|-----|----|--|
| Physical activity promotion          |     |    | Will talk to Dianne after Wellness form completed                |
| Social relationships                 |     |    | Talk with Social Service team to find a caregivers support group |

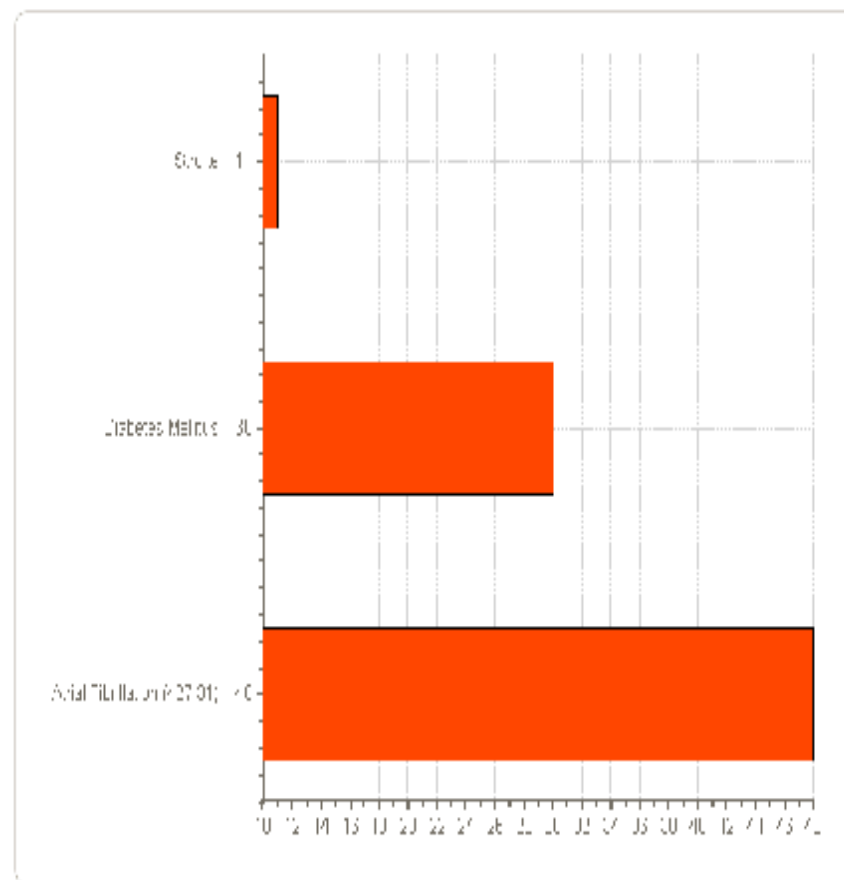
| Other            | Yes | No | Comments  |
|------------------|-----|----|---|
| Bladder issues   |     |    | Handout on incontinence. Bladder issues seminar |
| Insomnia         |     |    | Handout on insomnia. Talk with CNP              |
| Low fluid intake |     |    | Handout on Dehydration                          |

# Utilizing COLLAGE Data

- Health Care Quality Management Committee which members include Board members (on and off campus) Residents, Medical Director, DON, CNP and the Chief Health services Officer
- This committee works on quality indicators
- Meeting every other month to discuss community issues/concerns

- How many residents here at KAO with diagnosis?
- How many are female or male?
- What is the age range
- Are they on medication for diagnosis?
- How often are they followed by the PCP?

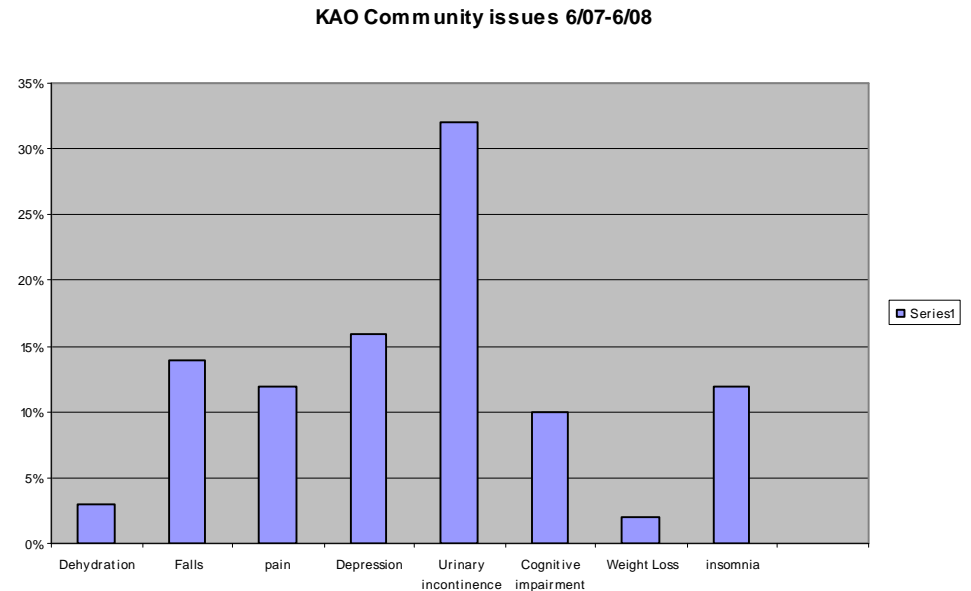
Aggregate Report - CHA Diseases (Based on 310 current assessments)



Report generated on 01/18/2008 2:16:00 PM

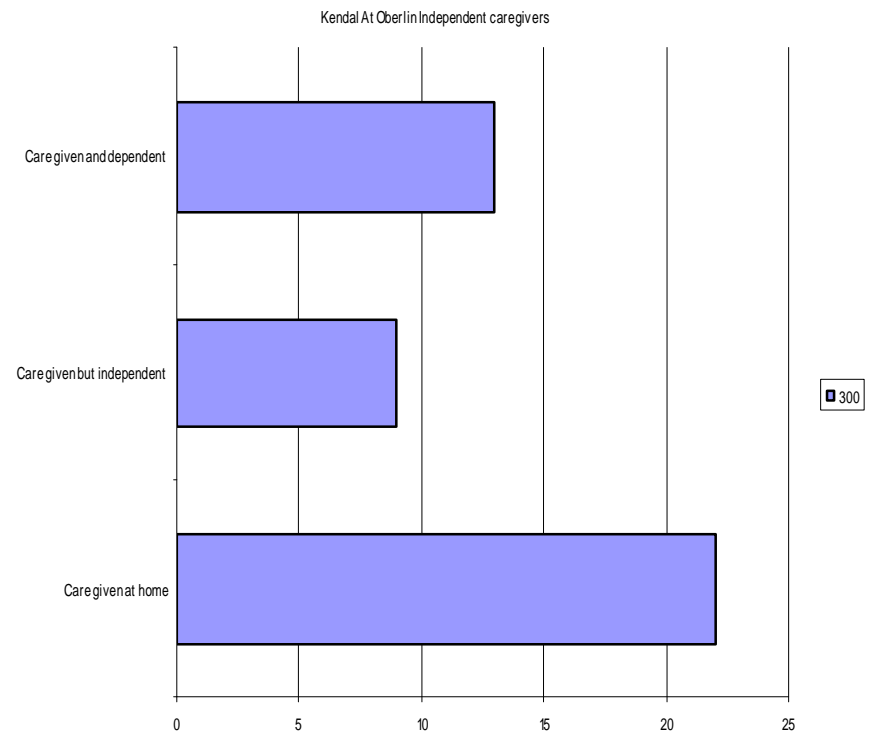
# More uses of COLLAGE Data

- Teamed up with the First Thursday Lecture chair person
- Printed out graph of community issues
- Have had speakers come in on depression, pain, incontinence & dementia
- Matter Of Balance class



# More uses of COLLAGE Data

- Social service asked for information for upcoming caregivers support group
- Who are the residents who live in our community with dementia?
- Who has care given at home but are still independent?
- Who has care given at home but dependent?



# Under construction for 2010

- More prevention programs
- Chart audits
- Bio-feedback for urinary incontinence
- More speakers for community education
- Diabetic recommendation log





# Goal

## H . A . I

